

New Studies and Guidelines Reflect the Efficacy of Chiropractic Care for the Treatment of Low Back Pain

"Acute Low Back Problems in Adults, Patient Guide." U.S. Public Health Service's Agency for Health Care Policy & Research. 1994.

Spinal manipulation is the preferred initial professional treatment for acute low back pain.

"Diagnosis and Treatment of Low Back Pain: A Joint Clinical Practice Guideline from the American College of Physicians and the American Pain Society" Ann Intern Med. 2007.

Spinal manipulation is recommended for both acute and chronic low back pain after an initial regimen of medication and self care recommendations do not result in improvement.

"Guideline for the evidence-informed primary care management of low back pain" Institute of Health Economics - Nonprofit Research Organization Toward Optimized Practice - State/Local Government Agency [Non-U.S.]. 2008.

Spinal manipulation is recommended for acute low back pain of less than 12 weeks of origin.

"American Osteopathic Association guidelines for osteopathic manipulative treatment (OMT) for patients with low back pain," 2009.

Spinal manipulation is recommended for musculoskeletal causes of low back pain. Manipulation should be performed by osteopathic physician.

"The Chiropractic Hospital-based Interventions Research Outcomes (CHIRO) Study: a randomized controlled trial on the effectiveness of clinical practice guidelines in the medical and chiropractic management of patients with acute mechanical low back pain" The Spine Journal, 2010.

Chiropractic based treatment including spinal manipulative therapy is associated with significantly greater improvement than family physician-directed treatment of patients with acute mechanical low back pain.

"Relief for your Aching Back, What Worked for our Readers" Consumer Reports, 2009.

Chiropractic rated the highest in satisfaction (completely or very satisfied) of 14,000 subscribers who experienced lower-back pain in the past year but never had back surgery.

Testimony before the Institute of Medicine: Committee on Use of CAM by the American Public. Anthony Rosner, PhD, 2003.

"Today, we can argue that chiropractic care, at least for back pain, appears to have vaulted from last to first place as a treatment option."

A report including diagnosis and treatment plan will be forwarded following the first visit of all referrals. Thank you.

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